INMOTION COUNSELING FREE TRAININGS

The Recovery Journey Training

The Recovery Journey: For Anyone with Anything that Interferes with your Walk with God Anyone with anything...

With Jesus at the center of our recovery we find safety and effective help for our greatest needs. We all have areas of our lives that are out of sorts and bother us. From addictive sin such as pornography to alcohol and drugs. Some struggle with relationship issues that may isolate and embitter the heart. Others among us have come from family dysfunction that involved being abused and the lingering effects may still haunt us. Still others with anger, bitterness, guilt, as well as character issues. *Anyone with anything* can benefit from The Recovery Journey. In this book you will find Jesus-centered inspiration, effective resources, and the latest research-based information to get on a sustainable pathway to getting better.

This two-hour training will be on **Saturday, February 24**^h **at 11am** Eastern Standard Time. **Please check your local time!**

Join our FREE training to learn how to lead a group or attend just for yourself! Click <u>HERE</u> for the zoom link or go to <u>www.inmotioncounseling.org</u>

The Grief Journey Training

We all deal with grief – either personally or we have friends who do. In this two-hour workshop, we will focus on both personal grief and how we can help each other during the most challenging times of our lives. Topics such as engaging grief, God's heart for the griever, relational aspects of grief, and managing social grief will be covered. The book, *The Grief Journey: Finding Peace in All of Life's Losses* will be used. Q & A time will be offered as well.

This two-hour training will be on **Saturday, March 9th at 10am** Mountain Standard Time. **Please check your local time!**

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Go HERE for the zoom link or <u>www.inmotioncounseling.org</u>